Matchmaking:
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DoForOne.org

CULTURAL VALUES
- Skills and Talents
- Beauty
- Wealth
- Health
- Intelligence
- Power and Influence
- Individualism

Hindrances to Freely Given Relationships Occurring Naturally

Societal Devaluation

A. Hindrances for Citizens
- Unwarranted Fears
- Lack of Guidance/Outside Support
- Lack of Accommodation in community
### Hindrances to Freely Given Relationships Occurring Naturally

<table>
<thead>
<tr>
<th>A. Hindrances for Citizens</th>
<th>B. Hindrances for People with Disabilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Unwarranted Fears</td>
<td>• Lacking trust (due to bad past experiences)</td>
</tr>
<tr>
<td>• Lack of Guidance/Outside Support</td>
<td>• Lacking the experience and knowledge of how to make and keep friends</td>
</tr>
<tr>
<td>• Lack of Accommodations in Community</td>
<td>• The impairment itself can make connecting a challenge</td>
</tr>
</tbody>
</table>

### C. Hindrances for Human Service Workers

<table>
<thead>
<tr>
<th>URGENT IMPORTANT</th>
<th>NOT URGENT / IMPORTANT</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Crisis Situations</td>
<td>- Facebook</td>
</tr>
<tr>
<td>- Deadlines</td>
<td>- Gossip</td>
</tr>
<tr>
<td>- Funding</td>
<td>- Some Emails</td>
</tr>
</tbody>
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<tr>
<th>URGENT / NOT IMPORTANT</th>
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<td>- Phone Calls</td>
<td>- Phone calls</td>
</tr>
<tr>
<td>- Emails</td>
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</tr>
<tr>
<td>- Some Meetings</td>
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<tr>
<td>- Some Deadlines</td>
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</tbody>
</table>

What Not to Do (Things I’ve learned):

- Reinforce Stigma and Stereotypes
- Reinforce Hindrances
- Expect Relationships to Occur through Integration Alone
- Expect Interactions From Citizens without any Guidance
Making Matches: Some Action Steps

A. Understand Belonging
B. Lead By Example
C. Believe Others can and will say ‘YES’
D. Adapt to Your Community’s Culture

Making Matches: Some Action Steps

E. Recruitment Through Trusted Networks
   - By Location
   - By Function
   - By Interests
F. Understand Motivation
G. General Qualities of a Good Citizen Advocate

The Right Person in the Right Network
with the Right Motivation

Make the ASK!

Fostering Relationship Growth

A. Find the Ordinary / Day to Day Environments
B. Offer the Bigger Story of a Person’s Life
C. Offer an Accomplishable Task
D. Remain Available for Additional Guidance
"It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat."

- Theodore Roosevelt